

A NEW DAY

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A NEW DAY

A JOURNEY OF HOPE AND SURVIVAL - HIV/AIDS

By Senzeni Ndlovu

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Preface

Hope is a major ingredient of a balanced and fulfilled existence. Without hope a daily existence is reduced to a never ending experience of grief and regret. Regrets characterised by anger and animosity towards yourself, your fellow man, your family and life itself. If I had taken this precaution then perhaps things could be better, if I was pre-warned by my friends or family perhaps things could be different, if I did not come to this cruel world perhaps I would not be feeling what I feel.

This book was written to inspire hope. It was written for the masses of men and women who are HIV-positive. There is one fact clearly staring them in the face; they are HIV-positive, and what do they do now? Nothing else matters to them but the answer to this lingering question.

This book is targeted to those people who have been diagnosed with the HI-virus. How can you face your life going forward? What

can you expect? How do people live with this enemy in their bodies? Can one ever live a long; productive and fulfilled life with this disease? Is there hope? What is the hope? Will the cure for this disease ever be found?